

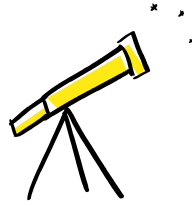
# Career Coaching

Unleash your strengths  
– in the right place



ANDERSBERATER  
/INNEN

# Career coaching



## Potenzialkompass

Potentialkompass is aimed at job seekers, who want to recognize their **personal development potential** more clearly and develop it further in order to work out realistic integration strategies and paths into the labor market on this basis in a next step. The target group of this qualification are customers who, in their current situation, cannot yet concentrate on a new professional situation due to various barriers.

The aim of this coaching is to reduce or completely remove any obstacles and to make new perspectives recognizable. Funding via an activation and placement voucher (AVGS) is possible. You can get the voucher from your placement officer at the employment agency or the job center.

### Career Coaching Contents:

- Analysis of the current life and work situation
- identification of stressors, resources, and contextual factors
- resilience, stabilization, and self-regulation
- biographical analysis of strengths
- competencies, and development potential, values, motivations, and sense of purpose
- authentic self-description and positioning; analysis of job profiles and fields of work
- development of suitable, sustainable, and viable work models
- development of an individualized application or career transition strategy
- creation or optimization of application materials; preparation for job interviews

If needed: **Topic: Neurodiversity**—Dealing with Overload, Exhaustion, and Sensory Overload. Creating neurodiversity-friendly work environments. In addition to general coaching, the program is rounded out by specialized coaching sessions on topics such as body language, time and conflict management, and social media, among others.

### 60 personal coaching sessions of 45 minutes (max. 12 weeks).

The appointments are scheduled individually with flexibility and can be conducted online from the comfort of your home.

**Maßnahmenummer 922 / 40 / 26**

# Process



1.  **Book an appointment**  
Book an appointment online or call us..  
030 64073290  
[www.andersberater.de](http://www.andersberater.de)
2.  **Initial consultation**  
During our free initial consultation, we clarify what topics you would need help with. By phone, zoom or in **our office**.
3.  **Module selection**  
Together, we select a module and **tailor it to you and your needs**. Content from other modules can also be integrated.
4.  **AVGS (Arbeits- und Vermittlungsgutschein).**  
You get it from an employment agency or a job center. We fill out the AVGS and send it to the corresponding employment agency or job center. Seven days after we filled out the AVGS, we start the coaching.  
**You will not incur any costs.**
5.  **Individual coaching**  
In individual coaching sessions, we reveal your potential and develop it using effective methods –holistically and with an eye toward hidden desires and dreams. At the end of the coaching, you will have new clarity about your next steps and, if you wish, professionally prepared application documents optimized for AI tools, which you can use to confidently convince employers.

# Looking forward to seeing you

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**Book a free initial consultation**



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