

Career Coaching for Neurodivergent People



ANDERSBERÄTER
/NNEN



Career Coaching for Neurodivergent People

You're not too much. You're just right.

Through our specialized career coaching for neurodivergent individuals, we support you in finding your own professional path—beyond norms, standard career paths, and stereotypical thinking. Whether you have ADHD, autism, high sensitivity, or another form of neurodivergence: we see your uniqueness as a resource. Using a holistic, systemic approach, we guide you through career (re)orientation, your desire for self-employment, or the development of a personalized hybrid work model. The goal isn't to make you fit into the working world—it's to shape your professional reality so that it fits you.

Our goal: Professional fulfillment on your terms.

Possible career coaching topics:

- Personal Potential Analysis (using, among other things
- Human Design and a systemic perspective) Use of methods such as wingwave® and the Panterei Approach, adapted to neurodivergent ways of perceiving the world
- Identifying and specifically nurturing your development
- potential Career Strategy: What kinds of environments are good for you? What do you need to be productive?
- Support in making decisions: Permanent position, self-employment, or a hybrid model?
- Building career structures that don't overwhelm you but empower you
- Strategies for stress management and coping with sensory overload
- Resilience coaching during professional or personal crises
- Analysis of your individual career prospects
- Job application training, including authentic self-presentation
- Specialized coaching on topics such as body language, social media, time management, and conflict resolution

Appointments are scheduled on an individual and flexible basis—online or in person. We work with experienced coaches who specialize in working with neurodivergent people. Together, we'll find the right coach and approach for you. Anne Sohn might be the right coach for you >> [Click here to meet our coaches.](#)

Funding is available through the Activation and Placement Voucher (AVGS)

You can get it at the Employment Agency or the Job Center. Self-paying clients are also welcome.

[Click here to book a free initial consultation.](#)

Maßnahmenummer: 922 / 40 / 26

Process



1.

Book an appointment

Book an appointment online
or call us..

030 64073290

www.andersberater.de



2.

Initial consultation

During our free initial consultation, we
clarify what topics you would need help with.
By phone, zoom or in **our office**.



3.

Module selection

Together, we select a module and **tailor it
to you and your needs**. Content from other
modules can also be integrated.



4.

AVGS (Arbeits- und Vermittlungsgutschein).

You get it from an employment agency or a job center.
We fill out the AVGS and send it to the corresponding
employment agency or job center. Seven days after
we filled out the AVGS, we start the coaching.

You will not incur any costs.



5.

Individual coaching

In individual coaching sessions, we reveal your
potential and develop it using effective methods
—holistically and with an eye toward hidden desires
and dreams.

We look forward to meeting you!

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